



Tips on ventilation and heating.



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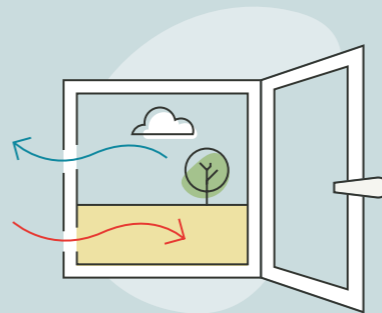
Clean indoor air.

Get rid of moisture in your home! Moist air is not good for your health and increases the risk of mold. Therefore, it is important to ventilate and heat your home properly. This ensures clean, fresh air in your home. These tips will help you with this.

Always open a window

- ✓ When cooking and dishwashing
- ✓ After showering
- ✓ When there are many people at home
- ✓ When drying laundry indoors

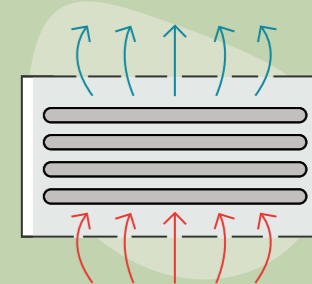
Did you know that fresh indoor air helps you stay healthy for longer?



Always leave vents open

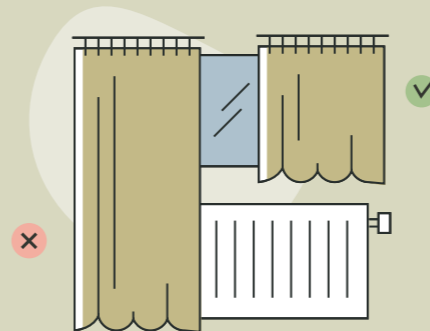
Ventilate 24 hours a day, seven days a week. This will ensure that you always have fresh air. Also regularly check that the vents are clean.

Did you know that ventilation is essential even in winter?



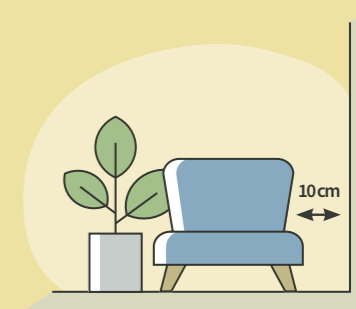
Keep the heating clear

Keep the **radiator free** to allow the heat to circulate. Moist air will otherwise collect in the corners of the room.



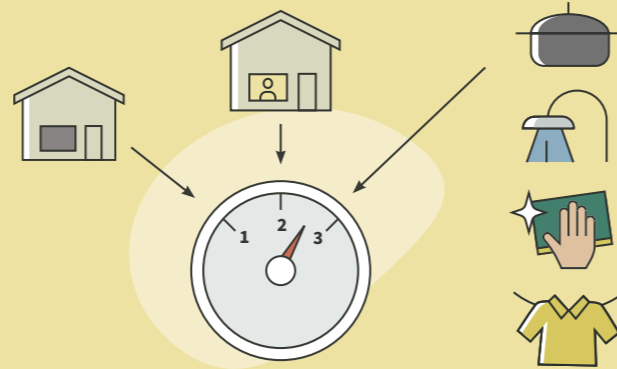
Place furniture away from the wall

Place furniture at least **10 cm** away from the wall to allow warm air to circulate.



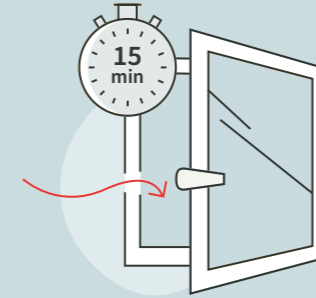
Mechanical ventilation

If you have mechanical ventilation: Set it to the **lowest setting** when you're not home, to the **medium setting** when you are at home, and to the **highest setting** when cooking, showering, washing dishes, or drying laundry.

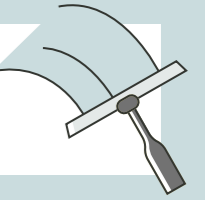


Remove moisture from the bathroom

Use **mechanical ventilation** during and after showering. If you don't have mechanical ventilation, then open the window slightly after showering. If there's no window in the bathroom, leave the door open. Ventilate for at least **15 minutes**.



✓ After showering, dry the walls and bathroom floor.



✓ **Extra tip!** Keep the bathroom heated to at least 18 degrees Celsius. Warm air absorbs more moisture than cold air, which helps the bathroom dry faster.



Ventilate bedrooms

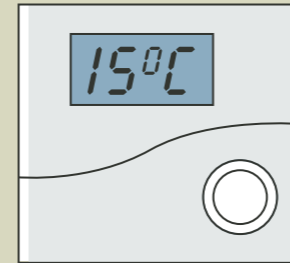
Dust mites thrive on moisture and warmth. So, if possible, leave a **window slightly open** while sleeping. Open the bedroom window for at least 15 minutes every morning, even in winter, before you turn the heating on.



Do not set the thermostat too low

Never set the thermostat lower than **15 degrees**: in a cold house, moisture does not evaporate well. Heating damp air also requires more energy (and therefore costs more). So ventilation is very important!

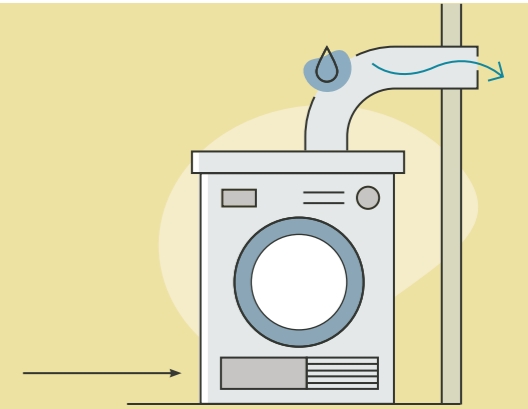
Did you know that a damp room feels colder than it really is?



Dryer venting

If you have a **tumble dryer**, make sure it vents the damp air outside.

✓ If that is not possible, choose a **condenser dryer** or open a window.





Recurring mold.


Remove mold as soon as possible. This can be done easily with baking soda or vinegar. Afterward, it is important to continue following these tips.

If you continue to experience issues with mold or moisture in your home, please request our assistance. Make an appointment at www.rochdale.nl/reparatie or contact us. One of our service technicians will come to your home to assist you further.

To contact us:

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 www.rochdale.nl/contact

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